

A photograph of three trail runners on a rocky mountain path in Madeira. The runners are wearing bright green shirts and black shorts, with backpacks. They are looking out over a vast, green valley with steep, rocky cliffs. The sky is overcast. The text 'Trail Running in Madeira' is overlaid in white, and 'LARANO' is in large orange letters. Below that is '2MADEIRA.COM' and '#EasyLevel' in white.

# Trail Running in Madeira

**LARANO**

2MADEIRA.COM

#EasyLevel

## LARANO ESSENTIALS

# ITINERARY

Starting in Cabo do Larano, we follow the Larano trail which cuts this cliff by the north coast, always with an ocean and mountain views. Arriving to Boca do Risco we start a short but steep climb, where we have breathtaking views of the ocean from the mountain crest, until we arrive the dirt road of Funduras. Following this road and passing through beautiful areas of Laurel forest, we arrive the Funduras forest house where we enter a spectacular single track, deep inside the dense forest.

Finishing part, we start a technical downhill towards the starting point.



# TRAIL FACTS

Elevation gain 1329 m

Distance 11.3 km

Altitude min. 278 m

Altitude max. 626 m

LARANO ESSENTIALS

# WE PROVIDE

TRAIL RUN  
WITH GUIDE

INSURANCE

THERMAL  
BLANKET

WHISTLE  
& FLASHLIGHT

WATER &  
SNACK BAR

PICK UP &  
DROP OFF

# RUN WITH US!

[#TrailRunningMadeira](#)

[www.2madeira.com](http://www.2madeira.com)