

# Trail Running in Madeira

## PICO DO ARIEIRO

2MADEIRA.COM

#ModerateLevel

## PICO DO ARIEIRO **ESSENTIALS**

# ITINERARY

This trail starts from the third highest peak of Madeira island Pico do Arieiro (1818 m). Along the trail there are fantastic landscapes and breathtaking abysses. The trail surface is mostly stone steps and excavation in the rock, beginning by the passage in the Ninho da Manta viewpoint, we have a view of the entire hydro-graphic basin of Poiso with a view at the bottom of Fajã da Nogueira, then we continue through the Pico do Gato. At this point, route splits, we go right and begin a steep climb around the second highest peak, Pico das Torres (1851 m). Then we reach foot of Pico Ruivo and begin 200 meters climb to the highest peak of Madeira (1862 m).

From that point we have a panoramic view over the entire central mountains massif and almost whole island.

The return to Pico do Arieiro is done by the shortest alternative route through tunnels.



# TRAIL FACTS

**Elevation gain 1871 m**

**Distance 11.5 km**

**Altitude min. 1497 m**

**Altitude max. 1843 m**

PICO DO ARIEIRO **ESSENTIALS**

# WE PROVIDE

TRAIL RUN  
WITH GUIDE

INSURANCE

THERMAL  
BLANKET

WHISTLE  
& FLASHLIGHT

WATER &  
SNACK BAR

PICK UP &  
DROP OFF

# RUN WITH US!

[#TrailRunningMadeira](#)

[www.2madeira.com](http://www.2madeira.com)